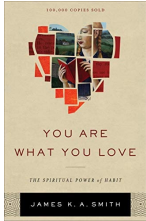


## RESOURCES FOR REWIRED SERMON SERIES

As we wrap up our series on spiritual disciplines entitled 'Rewired', these are great resources to help you continue to explore what intentional practices God might be calling you to incorporate into the rhythms of your daily life.



### TO LEARN MORE ABOUT HOW 'EVERYTHING IS SPIRITUAL':



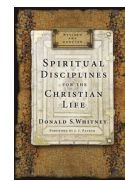
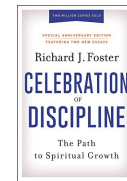
*You Are What You Love* by James K.A. Smith

Smith writes about Saint Augustine's insightful observation that 'we are not what we think but what we desire'. He shows how 'cultural liturgies' (patterns, practices, things, actions) are always shaping us, and our responses to them (our desires, our emotional reactions) may be more accurate as to our hearts than how we articulate our 'worldview'.

### CLASSIC WORKS ON SPIRITUAL DISCIPLINES:

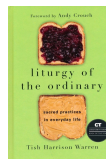
*Celebration of Discipline* by Richard Foster and *Spiritual Disciplines for the Christian Life* by Donald Whitney

These two classic texts each discuss lists of spiritual disciplines in great detail, including biblical support for why we should practice them as well as historical details about how they have been practiced throughout Christian history. Anyone looking for a 'deep dive' on a specific spiritual practice such as fasting or solitude should start with one of these.



### MEDITATIONS ON ACTUAL INTENTIONALITY:

*Liturgy of the Ordinary* and *Prayer in the Night* by Tish Harrison Warren



Each of Warren's incredibly written books are part memoir, part devotional, and part theological reflection about how she experiences God throughout her daily life, including what her own intentional practices look like. Both of these books were named *Christianity Today* Book of the Year (2016, 2022).

### A PRAYERFUL RESOURCE:

*Every Moment Holy* (vol. 1 & 2) By Douglas McKelvey



This is a beautiful series of prayers and liturgical readings, yet centered around everyday life rather than 'spiritual moments'.

### ADDITIONAL PRACTICAL APPLICATIONS:



*The Common Rule and Habits of the Household* by Justin Whitney Earley

No cloistered monk but a busy lawyer, husband, and father, Earley explores how monastic groups would commit to sets of intentional practices and behaviors called 'rules' as a way of ordering their lives around God. Earley considers how these structures can help individuals and (in his second book) families to slow down and reflect the story of God's love in intentional yet mundane daily interactions.

